



**PRODUCT
CATALOG**

MEET US

Polish Fish Holding, headquartered in Warsaw at 59 Złota Street, was founded in 2023 to enhance the efficiency and competitiveness of the Polish fish industry.

**natural
ingredients
only**

Polish Fish Holding is:



Founded in 2018 in Gniewino, Poland. It processes fish, offering products such as baked and smoked fish, hummus and pastes.



Founded in 1972 in Brusy, Poland. For over 50 years, it has been offering its consumers well-known fish spreads and salads, and above all, fish in sauces and oils.



Founded in 2010, it specializes in the distribution of the brands EvraFish, EvraMeat, Korsarz, Goldfish, EvraCat & EvraDog

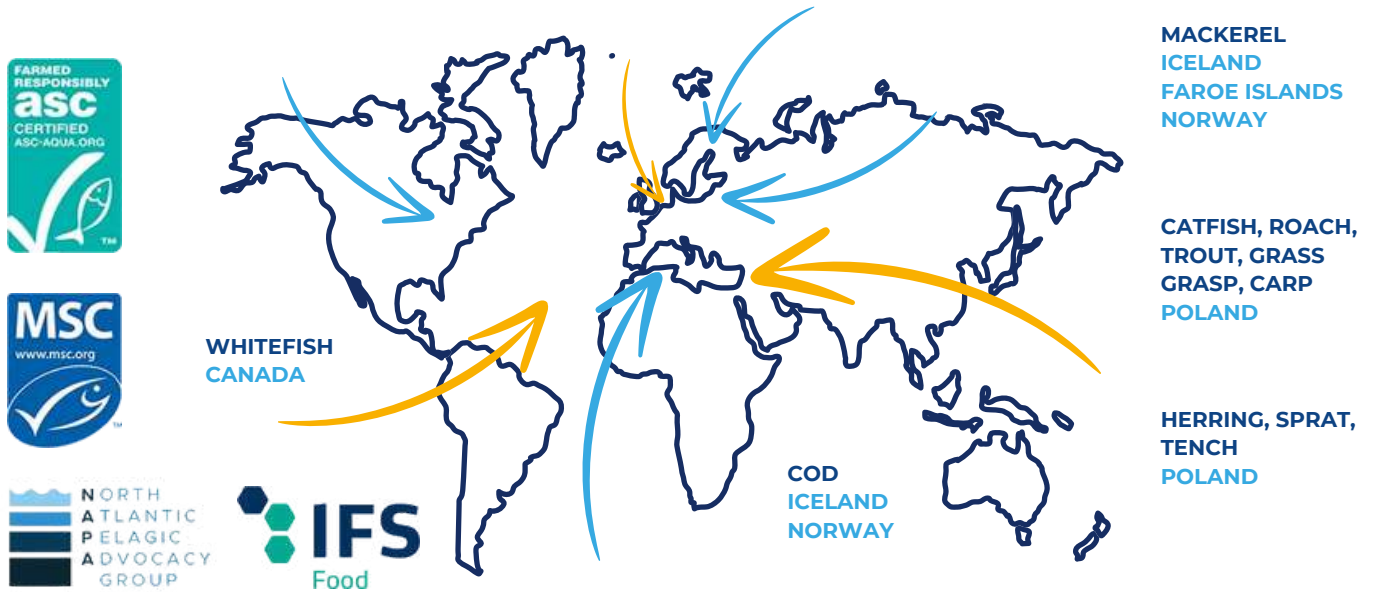


EvraFish



TRUST IN EVERY CAN

At our company, everything begins with a single, unwavering commitment: to deliver the highest quality fish. **This is not just a slogan** – it's the foundation of everything we do, from responsible sourcing to the final product you enjoy. **We don't compromise.** Seasonal precision, species selection, and origin control are not just our quality strategy – they are our promise to consumers who expect nothing but the best from the sea.



We are trusted and recognized producer in the industry. Gained certifications ensures compliance with quality standards, food safety regulations, and sustainable sourcing practices. It also guarantee an **access to high-quality products and market credibility**. It also signifies a commitment to ethical practices, traceability, and meeting global consumer demands for premium canned fish products.



BETTER CHOICE NATURALLY

Aware of the global problem of declining numbers of pelagic fish in the oceans and seas, we are committed to respecting the natural resources we use.

Out of respect for the health of people, fish and the environment, we are changing our approach to products and production processes. Our products contain natural ingredients that are unprocessed or minimally processed, preserving all the health properties contained in them.

natural ingredients only

Pelagic fish

Our products use pelagic fish living in open water from sustainable catches, not farmed.

Our fish species:

- **Mackerel** (*scomber scombrus*)
- **Herring** (*clupea harengus membras*)
- **Sprats** (*sprattus sprattus*)

Do You know...

Evrafish fish are like that
"free range" fish



Do You know...

Guar gum is a soluble fiber of natural origin:

- lowers cholesterol
- affects better intestinal peristalsis
- may have a positive effect on our health :)

Natural ingredients...

Each of our suppliers is required to provide certificates confirming the naturalness of the ingredients along with an indication of the processing processes.



Cold pressed rapeseed oil

It is a source of powerful antioxidants and is an ally in the fight against cardiovascular diseases.

Cold pressed oil is the so-called unrefined oil. Refining is the process of purifying oil using various agents (including chemicals), as a result of which phospholipids, calcium, magnesium and iron are removed. Refined oil becomes practically completely devoid of the most important nutrients, and what is more, in the last process of oil isomerization, trans fats are released, which are very dangerous to human health.

That is why Evrafish has completely withdrawn refined oil in its products!

Do You know...

The TOTOX value in our **oil is equal to 6**. It is assumed that products with a **TOTOX index < 25** are characterized by high quality, which proves the top-class ingredient used in our products.

Do You know...

The rapeseed oil used in Evrafish is cold-pressed and called **the olive oil of the north**.



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FISH WITH COLD PRESSED OIL

**Mackerel fillets
with cold pressed oil**



Product weight: **170g**

Units: **16**

Species: **Scomber scombrus**



**Gdansk-style
herring with cold-
pressed oil**



Product weight: **170g**

Units: **16**

Species: **Herring**



**Sprat with cold
pressed oil**



Product weight: **170g**

Units: **16**

Species: **Sprat**



TUNA CHUNKS

**Herring fillets
with cold pressed oil**



Product weight: **170g**

Units: **16**

Species: **Herring fillets**



Tuna with oil



Product weight: **170g**

Units: **48**

Species: **Tuna**



**Tuna with
natural sauce**



Product weight: **170g**

Units: **48**

Species: **Tuna**



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FISH WITH TOMATO SAUCE

Mackerel fillets
in tomato sauce



Product weight: **170g**
Units: **16**
Species: **Scomber scombrus**



5

Herring fillets
with tomato sauce



Product weight: **170g**
Units: **16**
Species: **Herring**



5

Herring with
tomato sauce



Product weight: **170g**
Units: **16**
Species: **Herring**



5

Sprat with tomato
sauce



Product weight: **170g**
Units: **16**
Species: **Herring**



5

MACKEREL FILLETS WITH VARIOUS TOMATO SAUCES

Mackerel fillets with
tomato sauce and
green pepper



Product weight: **170g**
Units: **16**
Species: **Scomber scombrus**



5

Mackerel fillets with
tomato sauce and
black cumin



Product weight: **170g**
Units: **16**
Species: **Scomber scombrus**



5

Mackerel fillets
with lecho sauce



Product weight: **170g**
Units: **16**
Species: **Scomber scombrus**



5

Mackerel fillets with
tomato sauce
with olives and capers



Product weight: **170g**
Units: **16**
Species: **Scomber scombrus**



5

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LIMITED EDITION

Flounder in
tomato sauce



Product weight: **170g**

Units: **13**

Species: **Platichthys
fleus**



Flounder
in cold-pressed oil
with peppers & onions



Product weight: **170g**

Units: **13**

Species: **Platichthys
fleus**



In addition to the well-known, classic flavours, we aim to surprise our consumers with new, unique proposals that they have not encountered before in the canned fish category. Each EvraFish product is a **combination of tradition and modernity** that opens up new culinary possibilities for our customers.

MACKEREL WITH WHITE SAUCE

Mackerel fillets
in dill sauce



Product weight: **170g**

Units: **13**

Species: **Scomber
scombrus**



Mackerel fillets
in horseradish
sauce



Product weight: **170g**

Units: **13**

Species: **Scomber
scombrus**



Mackerel fillets
in tartar sauce



Product weight: **170g**

Units: **13**

Species: **Scomber
scombrus**



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TRADITION WITH A MODERN TWIST

At EvraFish, we want to disenchant traditional thinking about the processed fish category. Our cans are proprietary recipes of iconic flavours that represent the best quality on the market.

We love fish and are open to new flavour combinations. We are not afraid of bold flavour compositions, and we draw inspiration from all corners of the world.

natural ingredients only

PAPRIKASH

Paprykarz is a **cult Polish product** made famous all over the world. Apart from fish meat, traditional paprykarz contains rice, tomato pulp, vegetables and spices. The paprykarz recipe was first developed in Szczecin in the mid-1960s.

On 22 December 2010, paprykarz became a traditional Polish product.



SALADS

Tuna salads are a complete **meal in a Grab & Go format**. They are ideal for travel, work or school. The Mediterranean Salad is the only item in our products that contains kus kus. The Mexican salad, on the other hand, is a combination of vegetables such as red beans, corn and red peppers.

Do You know...

The prototype for the Szczecin Paprikash was the African dish **Tiep bou dienn Sénégalais**, the taste of which delighted technicians from Polish deep-sea fishing vessels during their stay in ports off the coast of West Africa in the early **1960s**.



MACKEREL SNACKS

Inspired by the furthest corners of the world, our mackerel snacks are the perfect option for a little hunger. Each of our offerings is packaged in Ready to Eat format. Mexican-style mackerel tastes perfect served with nachos. French-style mackerel will go wonderfully with a fresh baguette. Bavarian-style mackerel is best served with a salty pretzel and Danish-style mackerel with crisp bread.



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SALADS

Tuna salad Mediterranean style



Product weight: **160g**

Units: **7**

Species: **Katsuwonus pelamis**



Mexican-style tuna salad



Product weight: **160g**

Units: **7**

Species: **Katsuwonus pelamis**



Danish 50% mackerel salad



Product weight: **125g**

Units: **12**

Species: **Scomber scombrus**



Bavarian mackerel salad



Product weight: **125g**

Units: **12**

Species: **Scomber scombrus**



Mexican mackerel salad



Product weight: **125g**

Units: **12**

Species: **Scomber scombrus**



French mackerel salad



Product weight: **125g**

Units: **12**

Species: **Scomber scombrus**



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CLASSIC SPREAD

Tuna spread - crème



Product weight: **85g**

Units: **8**

Species: **Katsuwonus pelamis**



5

Sweet chili tuna spread



Product weight: **85g**

Units: **8**

Species: **Katsuwonus pelamis**



5

Tuna spread with black cumin



Product weight: **85g**

Units: **8**

Species: **Katsuwonus pelamis**



5

PAPRIKASH

Salmon paprikash



Product weight: **125g**

Units: **12**

Species: **Salmo Salar**



5

Cod paprikash



Product weight: **125g**

Units: **12**

Species: **Gadus Morhua, Salmo Salar**



5

Cod livers in own fat



Product weight: **115g**

Units: **12**

Species: **Gadus Morhua**



5

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High Protein
Tuna
12.22 g Protein
01
Dietary Supplement

HIGH PROTEIN PRODUCTS

Nowadays, our nutritional awareness is growing and a balanced diet is becoming a priority for many of us. High-protein diets are growing in popularity, especially among physically active people, athletes and those aiming to lose weight or build muscle mass. We are increasingly choosing products that support our health and help us achieve our goals.

natural ingredients only

HIGH PROTEIN

HIGH PROTEIN fish products represent a revolution in the way we have previously thought about the canned fish category. We were the first to introduce a new category of high protein products consisting of pastes and salads.

Do You know..

The recommended protein intake is around 10-15% of the total daily calorie intake, a high protein diet raises this threshold to 20-30%.

Natural ingredients only

Our every supplier is required to provide certificates proving the naturalness of the ingredients, together with an indication of the processing.



Kolagen

Fish collagen is a type of collagen extracted from the skin, scales and bones of fish, usually marine, such as salmon or tuna. Collagen not only supplements protein, but also stimulates the production of natural collagen.

Do You know...

Fish collagen has a positive effect on:

- skin health
- tissue regeneration
- hair and nails
- joints and bones

Unique flavours

The HIGH PROTEIN line offers unique flavour combinations inspired by different corners of the world. Asian Salad or TEX MEX will transport you to the farthest reaches of the world without leaving home.

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HIGH PROTEIN SALADS

Mexican-style tuna salad



Product weight: **160g**

Units: **7**

Species: **Katsuwonus pelamis**



Tex-mex style tuna salad



Product weight: **160g**

Units: **7**

Species: **Katsuwonus pelamis**



Asian-style tuna salad



Product weight: **160g**

Units: **7**

Species: **Katsuwonus pelamis**



Balkan-style tuna salad



Product weight: **160g**

Units: **7**

Species: **Katsuwonus pelamis**



Parisian-style salmon salad



Product weight: **160g**

Units: **7**

Species: **Salmo salar**



EvraFish

EvraFish

HIGH PROTEIN PASTE

High protein tuna
paste - Creme



Product weight: **85g**

Units: **8**

Species: **Katsuwonus pelamis**



High protein tuna
paste - paprika



Product weight: **85g**

Units: **8**

Species: **Katsuwonus pelamis**



High protein salmon
paste - paprika



Product weight: **85g**

Units: **8**

Species: **Salmo Salar**



High protein salmon
paste - lemon



Product weight: **85g**

Units: **8**

Species: **Salmo Salar**



High protein tuna
paste - lemon



Product weight: **85g**

Units: **8**

Species: **Katsuwonus pelamis**



EvraFish



FLOWPACK

SMOKED FISH

PERMANET OFFER

Mackerel



Product weight: **300g**
Units: **6**
Species: **Scomber Scombus**

Vendance



Product weight: **300g**
Units: **6**
Species: **Coregonus albula**

Trout head on, gutted



Product weight: **300g**
Units: **6**
Species: **Oncorhynchus mykiss**

Redfish



Product weight: **300g**
Units: **6**
Species: **Sebastes marinus**

Hake



Product weight: **400g**
Units: **6**
Species: **Merluccius merluccius**

Salmon with pepper



Product weight: **125g**
Units: **8**
Species: **Salmo salar**

Salmon natural



Product weight: **125g**
Units: **8**
Species: **Salmo salar**

Salmon with chili



Product weight: **125g**
Units: **8**
Species: **Salmo salar**

Salmon with garlic



Product weight: **125g**
Units: **8**
Species: **Salmo salar**

FLOWPACK

SMOKED FISH

PERMANET OFFER

Redfish



Product weight: **200g**
Units: **6**
Species: **Sebastes marinus**

Sprat



Product weight: **150g**
Units: **8**
Species: **Sprattus sprattus**

Tilapia



Product weight: **200g**
Units: **6**
Species: **Tilapia**

Trout bell



Product weight: **300g**
Units: **6**
Species: **Oncorhynchus mykiss**

Mackerel fillets



Product weight: **200g**
Units: **8**
Species: **Scomber Scombus**

Mackerel with pepper



Product weight: **200g**
Units: **8**
Species: **Scomber Scombrus**

Rollmops



Product weight: **250g**
Units: **6**
Species: **Clupea harengus**

Rollmops



Product weight: **250g**
Units: **6**
Species: **Clupea harengus**

FLOWPACK

SMOKED FISH

PERMANET OFFER

Bream



Product weight: **300g**
Units: **6**
Species: **Sparus aurata**

Seabass



Product weight: **300g**
Units: **8**
Species: **Dicentrarchus labrax**

TRIO

Salmon, tilapia, mackrel fillets



Product weight: **400g**
Units: **6**
Species: **MIX**

Redfish, tilapia & sprats



Product weight: **400g**
Units: **6**
Species: **MIX**

Salmon, tilapia, mackrel fillets



Product weight: **400g**
Units: **6**
Species: **MIX**

Salmon Mix with topper



Product weight: **400g**
Units: **6**
Species: **MIX**

Key benefits of Flow Pack



Due to the hermetic seal, the products maintain freshness for an extended period.



The materials utilized in Flow Pack are easily recyclable.



Flow Pack is the optimal packaging solution for a variety of smoked fish products.



WIEDZ DO JEZENIA
COTOWY
FORK

DO SKONALY
NA ZIMNO
I NA GORACO

FJØRD
FISKURSSON

ŁOSOŚ
pieczony

Z PIETRZEM CYTRYNOWYM

OLIMPIA
RYBA
PIECZONA

MAP

SMOKED FISH

PERMANET OFFER

Herring flaps



Product weight: **280g**
Units: **8**
Species: **Clupea harengus**

Herring flaps



Product weight: **280g**
Units: **8**
Species: **Clupea harengus**

Notothenia



Product weight: **250g**
Units: **6**
Species: **Notothenia rossii**

Trevel



Product weight: **220g**
Units: **8**
Species: **Seriolella brama**

Bream



Product weight: **300g**
Units: **6**
Species: **Coregonus albula**

Seabass



Product weight: **300g**
Units: **8**
Species: **Dicentrarchus labrax**

Sprat



Product weight: **150g**
Units: **8**
Species: **Sprattus sprattus**

Salmon bellies



Product weight: **150g**
Units: **8**
Species: **Salmon salar**

SKINPACK

SMOKED FISH

PERMANENT OFFER

Salmon natural flavour



Product weight: **125g**

Units: **8**

Species: **Salmo salar**

Salmon with wild garlic



Product weight: **125g**

Units: **8**

Species: **Salmo salar**

Salmon with chilli pepper



Product weight: **125g**

Units: **8**

Species: **Salmo salar**

Salmon



Product weight: **125g**

Units: **8**

Species: **Salmo salar**

Salmon



Product weight: **125g**

Units: **8**

Species: **Salmo salar**

Salmon



Product weight: **125g**

Units: **8**

Species: **Salmo salar**

Mackerel



Product weight: **165g**

Units: **8**

Species: **Scomber Scombus**

Mackerel



Product weight: **165g**

Units: **8**

Species: **Scomber Scombus**

Sturgeon



Product weight: **170g**

Units: **8**

Species: **Acipenser baerii**

SKINPACK

SMOKED & BAKED FISH

PERMANET OFFER

Herring flaps



Product weight: **og**
Units: **8**
Species: **Clupea harengus**

Herring flaps



Product weight: **280g**
Units: **8**
Species: **Clupea harengus**

Backed Mackerel



Product weight: **165g**
Units: **8**
Species: **Scomber Scombus**

Backed Mackerel



Product weight: **165g**
Units: **8**
Species: **Scomber Scombus**

Hoki with spinach and garlic



Product weight: **165g**
Units: **8**
Species: **Macruronus novaezelandiae**

Hoki with herbs



Product weight: **165g**
Units: **8**
Species: **Macruronus novaezelandiae**

Carp



Product weight: **250g**
Units: **6**
Species: **Cyprinus carpio**

Halibut



Product weight: **180g**
Units: **6**
Species: **Hippoglossus hippoglossus**

Rainbow trout bell



Product weight: **170g**
Units: **6**
Species: **Oncorhynchus mykiss**



BULK

SMOKED FISH

PERMANENT OFFER

Mackerel 300-500



Product weight: **3 kg**
Units: **13**
Species: **Scomber Scombus**

Mackerel 400-600



Product weight: **4 kg**
Units: **10**
Species: **Scomber Scombus**

**Trout head on,
gutted 400-600**



Product weight: **4 kg**
Units: **10**
Species: **Oncorhynchus mykiss**

Salmon with topper



Product weight: **3 kg**
Units: **15**
Species: **Salmo salar**

Salmon with pepper



Product weight: **3 kg**
Units: **15**
Species: **Salmo salar**

Salmon bellies



Product weight: **3 kg**
Units: **nd**
Species: **Salmo salar**

Salmon trout bell



Product weight: **3 kg**
Units: **15**
Species: **Oncorhynchus mykiss**

Halibut



Product weight: **3 kg**
Units: **15**
Species: **Hippoglossus hippoglossus**

Vendance



Product weight: **4 kg**
Units: **12**
Species: **Coregonus albula**

Others

GRILLED FISH SEASONAL PROMOTION

Grilled trout with
Thai herbs and
butter



Net weight: **280g**
Units: **8**
Species: **Oncorhynchus mykiss**

Grilled trout
seasoned with lemon
pepper and butter



Net weight: **280g**
Units: **8**
Species: **Oncorhynchus mykiss**

Grilled trout with
lemon and mint
and butter



Net weight: **280g**
Units: **8**
Species: **Oncorhynchus mykiss**

PATES

Baked paprikash,
Kashubian



Net weight: **110g**
Units: **10**
Species: **Scomber Scombus**

Baked pate,
Kashubian



Net weight: **110g**
Units: **10**
Species: **Scomber Scombus**

The logo for EvraFish, featuring the brand name in a bold, white, sans-serif font with a blue outline and a registered trademark symbol (®) to the upper right.

Orders & quotes

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